



XPLOIT ACTION PHASE 2 MONITORING

Part 1

Following the Xploit meeting in Iasi Romania and the report on this meeting, this monitoring paper aims to collect brief information from the Xploit communities on their present and future activity plans for Action Phase 2. This monitoring paper will be followed by similar papers along the second action phase.

It is important that the community activities are linked to the project and circulate among the partners and partner communities.

Please send the filled-in paper to the coordinator no later than the 1st of June 2012
Thanks!

PLEASE READ CAREFULLY AND DISCUSS THE IASI AND PHASE 1 REPORT BEFORE FILLING IN THE PAPER!!!

Xploit coordinator
May 2012

Partner name	Università delle LiberEtà del FVG Municipality of Udine
Partner Number	2 - 8
Country	Italy

Please fill in!

www.xploit-eu.com

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Please read the full paper before answering the questions. Thanks.

COMMUNITY FOCUS



Please review and comment on your community motto and special challenges - see below.

Creating new public spaces for learning

Udine is facing new challenges such as: increasing problems with young people and their educational and labour market relations, an increasing number of new migrants (Africa and Eastern Europe), an increasing number of elderly and 50+ at risk of isolation from social life and labour markets, general needs for innovation in education and social welfare, increasing problems with lifestyle diseases, etc. Uncertainty about the future of young people and families, no generational turn over, locks in social networks, negative models (misuse of power, ignorance and illegality) are more and more concerning decision-makers and professionals working within the community. There are no solid infrastructures for systematically addressing these challenges, yet, there is a strong political commitment and interest in promoting the community empowerment and learning opportunities.

Special attention is paid to these core themes:

- health literacy and promotion of healthy lifestyles
- development of relational competence in a multicultural and ageing society
- “learning by playing”, through the use of games as means of education and social inclusion.

Moreover, in Udine there is a strong political commitment and engagement in new activities within the Healthy Cities Project of the World Health Organization in order to promote health equity and health in all local policies. The main policy principles of this vision are the following:

- o Responsibility, accountability
- o Participation, empowerment, literacy
- o Solidarity
- o Sustainability
- o Intersectorial action, whole-of-government, whole-of-society approach
- o Favorable environments

To guarantee equal access to learning opportunities and create new public spaces for learning are also important strategies to achieve the above mentioned objectives. For this reason the main goal in Xploit Phase 2 was to strengthen the network of stakeholders in the city and create new interconnected infrastructures in order to improve the services provided within the community and to increase the citizens' awareness of these services.

We can say now that this network has reached out to the community by creating new spaces in public places and offering new educational activities and programmes where resources are readily available to the community members. It is a long process

but we can say now that in many situations it is no longer the community that must search for a service and does not know what is available. Both partners, the Municipality of Udine and the Università delle LiberEtà, are making sure that better services and learning opportunities are made available to everyone through courses and activities and that the whole community is informed on all possibilities for a better quality of life. The Xploit project has brought together many general and common goals of the city local government through the collaboration of the two partners, the educational and the political one, trying to create functional and active infrastructures which are able to collaborate in an organized and efficient manner. We are also trying to expand the concept that this network should not be a static one, but should be always considered as a dynamic “tool”, able to adapt to historical, political and social current context. If we want our community to be dynamic as well, we have to promote no strictness but flexibility, updating and active involvement.

ACTIVITIES



What activities have you carried out in Action Phase 2 to put the motto into practice and meet the Action Phase 2 project aims?
 What activities are you planning in the remaining period of Action Phase 2

Xploit has made a number of educational possibilities and made information on better lifestyles available in easy to access public locations through the network of stakeholders which has been created. The following EU and local resources have been used:

- EU resource Health Box: at the time being implemented at the public place Health Pyramid (supermarket health info point) and presented to the students of the Department of Nursing Sciences (University) which deals with preventative practices and health promotion initiatives; to be further tested in two different public schools of the city and within other informal groups in the community
 - EU resource NatursAI: implemented within the City gardens and to be further promoted also among the City Gardens new owners
- On the 23rd of May 2012, Università delle LiberEtà and the Municipality of Udine (Agenda 21 Office and City Gardens' project) organized an international event called “International green days”.
- EU resource Outdoor ICT: now implemented within the local SUUperagenda project and consequently available within its public itineraries
 - EU resource Media Playing Communities: already presented within the “Ludoteca - Toy Library” and to be further developed in this place
 - Training course on European resources and projects: organized in May 2012 by Università delle LiberEtà for a group of operators of the Municipality of Udine; the course offered a first training on the concrete possibilities that the EU and the LLP programmes give to public and private institutions.
 - Study visit titled “Learning cities: from theory to practice”: to be organized by Università delle LiberEtà in September 2012 with the participation of international experts and local stakeholders, decision makers and community active citizens.
- A significant role will be played in Action Phase 2 by the project “Move your minds...minds on the move”, a local program of activities aimed at promoting intellectual stimulation of people over 65 and helping them retain mental flexibility and wellness. In this sense learning is one of the most useful types of mental activities as it requires attention, makes us set objectives, plan our time and

activities and make efforts to understand the information we hear or read. In order to focus on the main cognitive abilities, the training program includes different modules such as: music, maths & logic games, memory games, language curiosities, cards games, handwriting, memory games, etc. Moreover, there will be brief sessions in order to give people information about their health both as regards mental processes and the importance of healthy lifestyles: Healthy Box resource will be used as a support in conducting these informative sessions.

IDEAS AND INITIATIVES



Are there new ideas or initiatives in the community that are or should be linked to Xploit?
How do you plan to work as *project journalists* in Phase 2?

We would like to open the in-service training course organized by Università delle LiberEtà in September 2012 - held by an artist and trainer from Università delle LiberEtà and other three artists coming from Israel - to groups of citizens interested in the artistic field.

Moreover, the theme of playing will be further developed and integrated with learning opportunities regarding the environment and climate change within the community. In fact, a public event will be organised in October, entitled "Energy in Play", focussing on the theme of renewable energy sources and healthy and sustainable environments and including many different games and activities. The event will be combined with a public workshop on the same themes opened to other Italian cities.

Particular attention will be given to strategies for older people, including lifelong learning opportunities, in order to contrast solitude and social exclusion. The project "Move your minds" which is described above is part of the Healthy Ageing strategy.

Activities will be documented through reports, photo galleries and multimedia materials in order to give evidence to Xploit baseline concepts.

NEEDS



Does your community and local Xploit activities need support from the project?
What kind of support? What do you propose?

Unfortunately the schedule of the project phases and activities does not always coincide with the right times and dates for the realization of the Xploit activities in the community. Sometimes the foreseen activities have taken more time than expected to be concretely implemented, also because involving stakeholders and making them actively participate in events and activities is not always so easy. Therefore, sometimes we would need more flexible times and dates from the

project phases.
Furthermore we wish more project participation in the international events we have organized and we will organize in our city - of course all events could be EU funded outside the project budget.
Finally, it would be much appreciated support in finding new EU or international resources (other networks, projects, applications, and funding plans) which could help us in pursuing and achieving the above mentioned objectives within and outside Xploit. These resources will be of course useful to divulgate and spread the Xploit experience.

EXPLOITATION



Please briefly mention concrete European resources (projects, networks, applications, funding plans, etc.) that directly or indirectly are linked to or inspired by the Xploit project

The Università delle LiberEtà and the Municipality of Udine have been involved in a number of new project applications inspired by the Xploit project. If new applications are approved, we plan to take advantage of the Xploit local network of stakeholders and resources in order to implement and give a community added value to the new projects.

Furthermore, the Xploit project objectives and especially the core principle of making Udine a learning city could be linked to other European programmes such as Healthy Cities, Age-Friendly Cities, Health 2020, etc. The value of lifelong learning in all aspects of our life (in the fields of formal, non formal and informal education) is undeniable and the concepts that are at the basis of these programmes are very similar, as well as the methods of involving citizens on topics related to health and lifelong learning. As reported by Norman Longworth:

Fejl! Objekter kan ikke oprettes ved at redigere feltkoder.